**Grains of Truth**

**Facts About Wheat**

- 3/4 of U.S. grain products are made from wheat.
- 1/2 of wheat grown in the U.S. is used domestically.

**1777**

Wheat first planted in the U.S.

- Thomas Jefferson credited with bringing the first "maccaroni" machine to America.

**1789**

- Kansas was the #1 flour milling state in the U.S.
- #1 wheat producer in the U.S.
- #1 acres of wheat produced that can feed nearly 9,000 people a day.

**1830 - 1850**

- U.S. per capita wheat flour consumption (lbs.)
  - 170 kernels
  - 60 pounds
  - 90 one-pound loaves of whole wheat bread

**1905**

- Pizza's inception into the U.S.

**16 oz.**

Flour makes one and a half pound loaf of bread which consists of 24 slices.

**1833**

The first bowling alley in the world.

**1930**

- Before 1930, bread was sliced the old fashioned way by hand.
- Americans eat at least one pizza per month.

For more Grains of Truth, visit http://wheatfoods.org/resources