GRAINS OF TRUTH

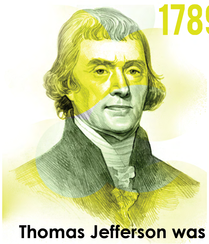
FACTS ABOUT WHEAT

3/4
U.S. Grain Products made from wheat

1/2
Wheat grown in U.S. used domestically

1777
WHEAT FIRST PLANTED IN THE U.S.

DID YOU KNOW?



1789
Thomas Jefferson was credited with bringing the first "maccoroni"machine to America.

KANSAS BY THE #'S

- **#1** FLOUR MILLING IN U.S.
- **#2** *WHEAT PRODUCER IN U.S.
- **#1** ACRES OF WHEAT PRODUCED THAT CAN FEED NEARLY 9,000 PEOPLE A DAY

* Kansas is usually the #1 wheat producer with North Dakota occasionally being higher

year

1830	1850
170	205

U.S. per capita wheat flour consumption (lbs.)

1 BUSHEL of WHEAT

=

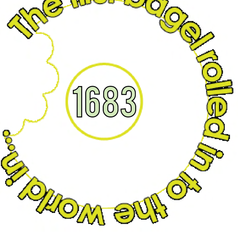
1,000,000 kernels

60 pounds

90 one-pound loaves of whole wheat bread

FLOUR

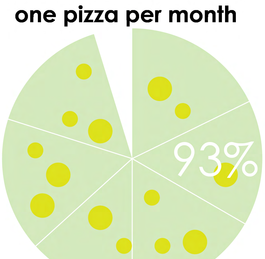
makes a one and a half pound loaf of bread which consists of



Before 1930 bread was sliced the old fashioned way: by hand.

pizza's inception **1905** into the U.S.

Americans eat at least one pizza per month



For more Grains of Truth, visit http://wheatfoods.org/resources

Wheat Foods Council